5m Books

Catalogue

Agriculture, Smallholding and Animal Sciences

Welcome to the 5m Books Catalogue

We are passionate about improving the health and happiness of the animals we farm and live with and regenerating the world we farm in.

Our mission is to publish the highest quality books in veterinary, animal sciences and agriculture.

5m creates books with care, enabling those who

- care for animals within the veterinary and allied professions
- care for farmed animals and pets and want the best environmental, economic and welfare outcomes
- care for the land, the sea and about the future of our planet.

We welcome proposals for new books in the areas in which we publish. We would be delighted to hear from you, please email us: hello@5mbooks.com

5m Books

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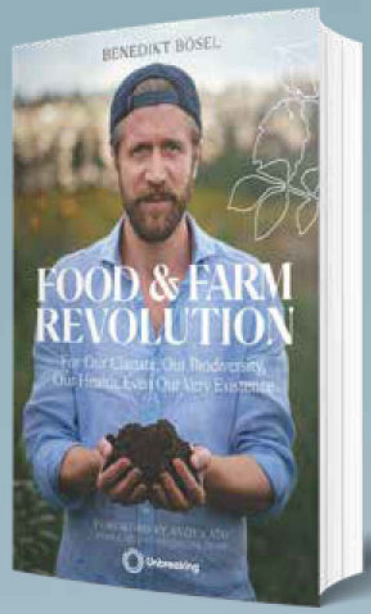


Food & Farm Revolution

For Our Climate, Our Biodiversity, Our Health, Even Our Very Existence

Benedikt Bösel

Climate change, biodiversity loss and soil degradation are three interlinked crises that threaten our very existence – and they all converge in agriculture. The way we produce food and farm must change.

Food & Farm Revolution is a call to action for anyone concerned about the future of food, farming, and our planet.

Jun 2026 | ISBN 9781917159241
£21.99 | $34.99 | €26.99 | 256p HB

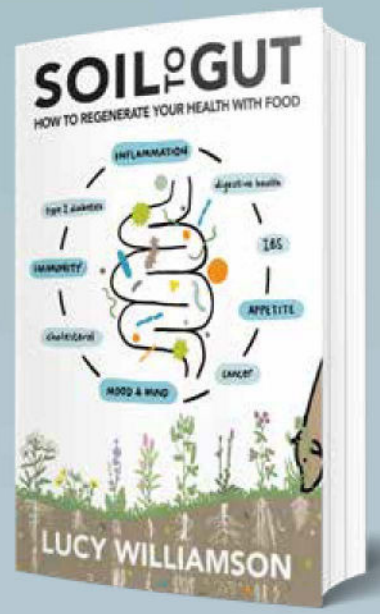
Soil to Gut

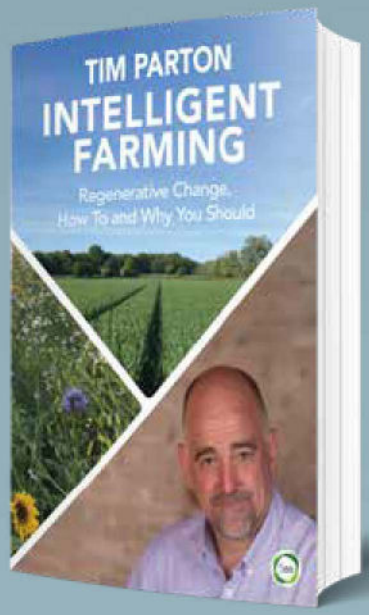
How to Regenerate Your Health with Food

Lucy Williamson

Soil to Gut cuts through the confusion of modern food choices. Written by Dr Lucy Williamson—Registered Nutritionist and former vet—this practical handbook offers clear, evidence-based advice rooted in the link between soil, food, and gut health. Simple tips help you eat well, feel better, and make choices that support both your health and the planet.

Jul 2026 | ISBN 9781917159333
£21.99 | $34.99 | €26.99 | 212p HB





Intelligent Farming

Regenerative Change, How To and Why You Should

Tim Parton

Intelligent Farming explains why change in land management is essential and shows how to achieve it, drawing on practical experience. It uniquely addresses the mental side of change and management, offering strategies for farmers, land managers, advisors, conservationists, and policy makers committed to a sustainable future.

Jul 2026 | ISBN 9781917159340
£15.99 | $24.99 | €18.99 | 240p PB

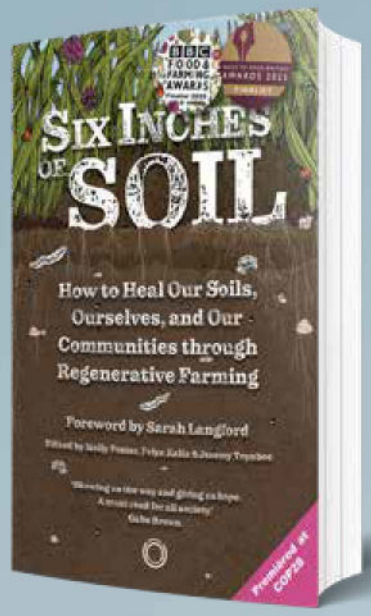
Six Inches of Soil

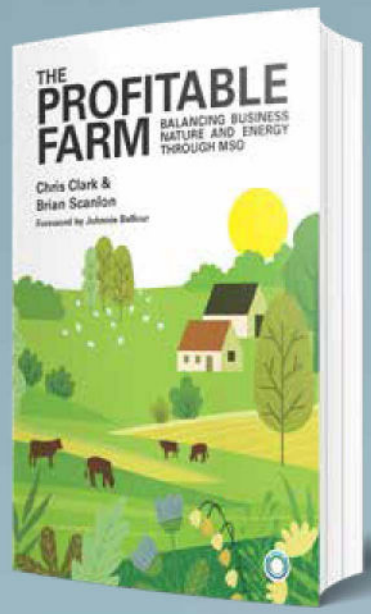
How to Heal Our Soils, Ourselves and Our Communities Through Regenerative Farming

Edited by Molly Foster, Priya Kalia, Jeremy Toynbee

Six Inches of Soil, the film and this companion book, is the inspiring story of three British farmers standing up to the industrial food system and transforming the way they produce food – to heal the soil, benefit our health and provide for local communities.

Apr 2024 | ISBN 9781917159005
£19.99 | $29.99 | €35.99 | 360p PB





The Profitable Farm

Balancing Business, Nature and Energy through MSO

Chris Clark, Brian Scanlon

The Profitable Farm is a pragmatic guide for farmers and other interested parties to maximum sustainable output (MSO) concepts, practices and applications. The Profitable Farm is suitable for farmers with an open mind to business improvement, academics who need to re-visit the 'Standard Theory of The Firm' as it applies to farming, and policy-makers charged with responsibility to secure food-supplies and provide support programmes for the sector.

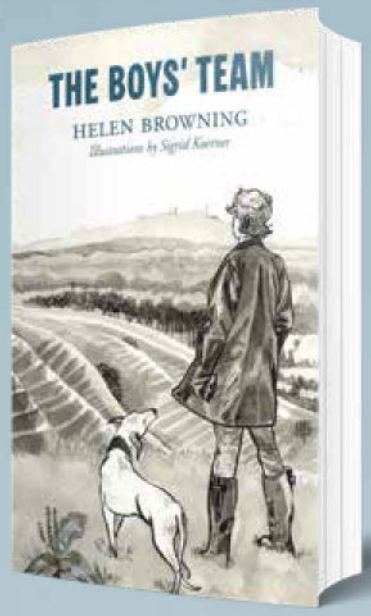
Apr 2025 | ISBN 9781917159098
£25 | $40 | €30 | 224p PB

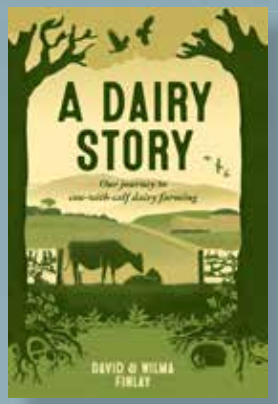
The Boys' Team

Helen Browning

The early years memoir of a woman who dedicated her life to transforming food and farming, The Boys' Team is an unflinching account of life and death in rural England through the '60s and '70s, seen through the eyes of the child and young adult. It's a love story too; love of the land and its inhabitants, including the people who inspired and enabled her farming and campaigning future.

Feb 2026 | ISBN 9781789184730
£18.99 | $29.99 | €34.99 | 258p PB





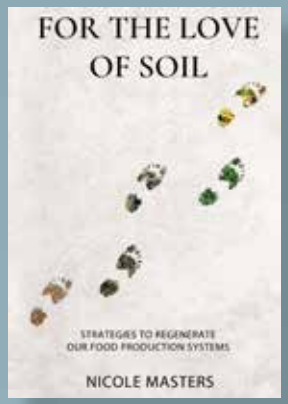
9781739103927
Nov 2023
264p
PB
£14.99
$24.99
€17.99

A Dairy Story

Our Journey to Cow-with-Calf Dairy Farming

David Finlay, Wilma Finlay

A Dairy Story is the full, no holds barred story of their journey from conventional dairy farming to an organic, 100% pasture, regenerative, cow-with-calf dairy that's now at the forefront of a global movement to transform an industry.



9780578536729
Mar 2021
299p
PB
£16.99
$24.99
€17.99

For the Love of Soil

Strategies to Regenerate Our Food Production Systems

Nicole Masters

For the Love of Soil equips producers with knowledge, skills and insights to regenerate ecosystem health and grow farm/ranch profits.

9781399953818
Jul 2023
180p
PB
£12.00
$19.00
€15.00

With the Land

Reflections on Land Work and 10 years of the Landworkers' Alliance

Edited by Yali Banton-Heath et al.

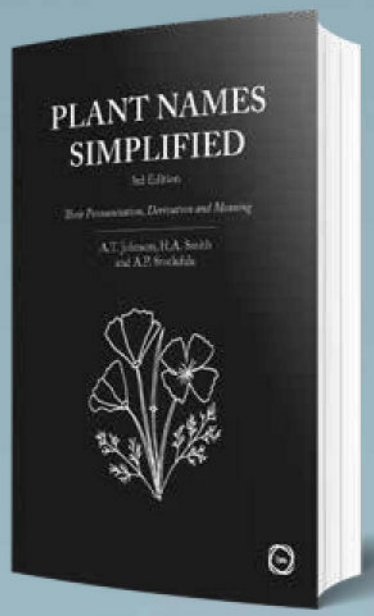
With the Land is a seed store of stories and poetry, interviews, recipes, essays, artwork and song, by and about people who have tilled and cared for the lands of Britain to produce food, fuel and timber within a culture of regeneration.

9781399966221
Sep 2023
200p
PB
£35.00
$55.00
€42.00

Organic Farm Management Handbook 2023

Edited by Nic Lampkin, Mark Measures, Susanne Padel

The Organic Farm Management Handbook from the Organic Research Centre is the only source of information on the costs and performance of organic farming.



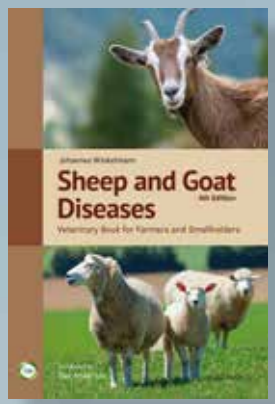
Plant Names Simplified 3rd Edition

Their Pronunciation, Derivation and Meaning

Adrian Stockdale

Presented in a glossary format, this pocket-sized reference book gives the name, pronunciation and classification of common plants and the meaning behind the Latin origins of the name. This enables the reader to learn how the terms should be spelled and pronounced correctly and provides an explanation of why plants like Helianthus hirsutus is so called – because it is hairy!

Mar 2019 | ISBN 9781910455067
£14.95 | $24.95 | €17.95 | 182p PB



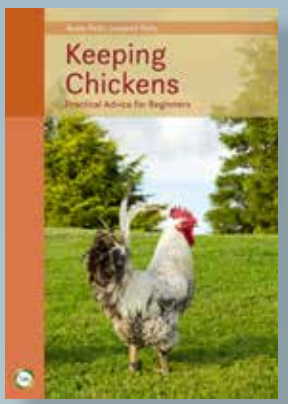
9781910455586
Jan 2017
160p
HB
£34.90
$55.00
€41.90

Sheep and Goat Diseases 4th Edition

Veterinary Book for Farmers and Smallholders

Johannes Winkelmann

Authored by a veterinary specialist, this book provides a comprehensive overview of diseases of veterinary importance. Diseases are presented at the level of the whole organism and by individual organ, with illustrations for easy identification.



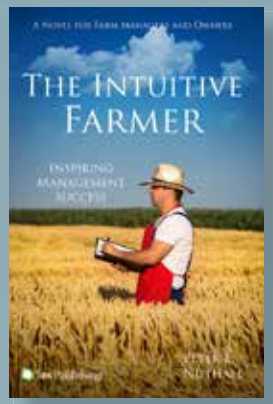
9781910455593
Oct 2016
144p
HB
£29.90
$49.90
€35.90

Keeping Chickens 9th Edition

Practical Advice for Beginners

Beate Peitz and Leopold Peitz

The physical and behavioural attributes of domestic chickens are discussed in detail, advice on laying hens, breeding and raising chicks, housing, feeding, nutrition and health maintenance are covered, along with egg production, slaughter, collecting eggs and poultry meat products.



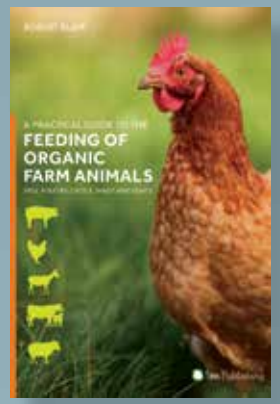
9781910455135
Jan 2016
232p
PB
£19.90
$29.90
€23.90

The Intuitive Farmer

Inspiring Management Success

Peter Nuthall

The Intuitive Farmer follows on from successful business management books such as *The Goal*, which communicate business ideas and strategies in novel form.



9781910455708
Feb 2017
232p
PB
£29.90
$49.90
€35.90

A Practical Guide to the Feeding of Organic Farm Animals

Pigs, Poultry, Cattle, Sheep and Goats

Robert Blair

Authored by a renowned animal scientist with a peerless reputation in organic livestock nutrition, this book aims to translate the science of feeding organic livestock and distil it into practical guidance for farmers and producers.

9781912178445
Apr 2018
472p
HB
£95.00
$150.00
€114.00

Agri-environmental Management in Europe

Sustainability Challenges and Solutions

Kathy Lewis, John Tzilivakis, Douglas Warner, Andy Green

This comprehensive monograph provides a perspective on the current state of agri-environmental management in Europe from both a policy and practical perspective.

9781910455999
Dec 2017
600p
HB
£75.00
$115.00
€90.00

Conventional and Organic Farming

A Comprehensive Review through the Lens of Agricultural Science

Victor Shorrocks

Is organic farming better for the environment, human health and crop quality? Examining all the available evidence the author aims to provide an objective analysis of the benefits and the exaggerated and misinterpreted claims surrounding organic farming.

5m Books Catalogue

Agriculture

9781910455531
Aug 2016
288p
PB
£24.95
$39.95
€29.95

The Commuter Pig Keeper

A Comprehensive Guide to Keeping Pigs when Time is Your Most Precious Commodity

Michaela Giles

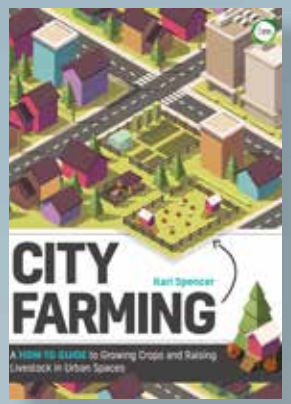
Aimed at people with busy schedules this instructive book gives practical information about how to manage a small herd and keep pigs happy and healthy under the time constraints of modern life.

9781910455937
Nov 2017
216p
HB
£24.95
$39.95
€29.95

Sheep Keeping

Phillipa Page and Kim Hamer

As a sheep keeper have you ever wanted to go into more depth with your vet and gain expert advice that will keep your flock healthy and happy? This guide provides a depth of veterinary information to complement local veterinary consultations.



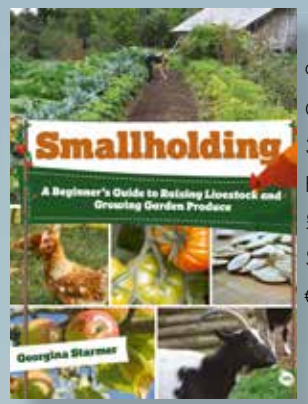
9781910455906
Nov 2017
336p
PB
£24.95
$39.95
€29.95

City Farming

A How-to Guide to Growing Crops and Raising Livestock in Urban Spaces

Kari Spencer

Farming in cities and small spaces is becoming increasingly popular, but it has its challenges. *City Farming* addresses the problems the urban farmer might face and turns them into creative solutions.



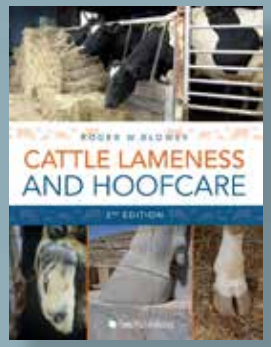
9781789181340
Oct 2021
360p
HB
£55.00
$85.00
€66.00

Smallholding

A Beginner's Guide to Raising Livestock and Growing Garden Produce

Georgina Starmer

Covering the basics of smallholding for the beginner this is a practical guide to growing fruits and vegetables and farming livestock. It is packed with useful information for those who have access to land, as well as those growing produce in their back garden.

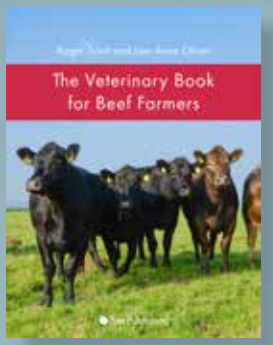


9780955501159
Oct 2013
600p
HB
£115.00
$179.95
€140.00

Managing Pig Health 2nd Edition
A Reference for the Farm

Edited by John Carr

This new updated edition of *Managing Pig Health* offers a fresh and comprehensive guide to practical veterinary information for pig farmers, veterinarians and technologists around the world.



9781789181197
Jun 2021
504p
HB
£55.00
$85.00
€66.00

The Veterinary Book for Beef Farmers

Lee-Anne Oliver and Roger Scott

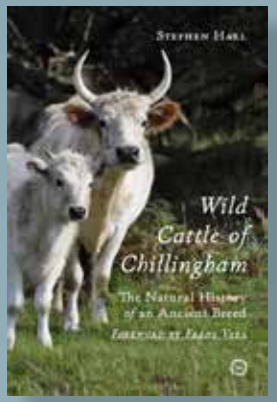
A comprehensive forage-to-fork book on beef farming that delivers veterinary level information to farmers and farm-related information to vets.

9781789180497
May 2019
160p
PB
£34.90
$55.00
€41.90

Cattle Lameness and Hoofcare 3rd Edition
An Illustrated Guide

Roger Blowey

Authored by one of the field's research leaders, the 3rd edition includes updates on hoof trimming protocols, new insights on the structure and function of the digital cushion, and an examination of diseases such as digital dermatitis and sole ulcer.



9781789183719
Sep 2025
296p
HB
£65.00
$100.00
€80.0

Wild Cattle of Chillingham
The Natural History of an Ancient Breed

Stephen Hall

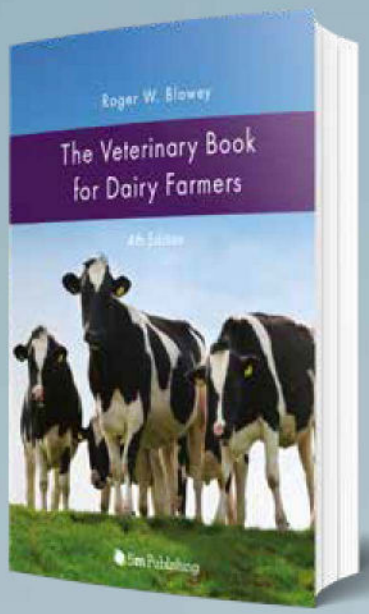
This book meets a need for a definitive monograph of one of the most significant icons of British natural history, and adopts a novel approach by placing original research in an up-to-date multidisciplinary context.

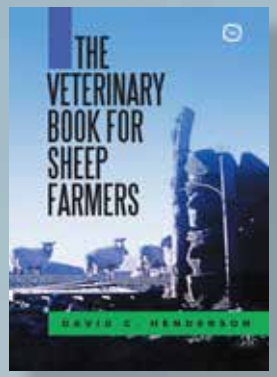
The Veterinary Book for Dairy Farmers

Roger Blowey

The ever-changing world of cattle farming requires farmers to be up-to-date with best-practice procedures and the latest advances in husbandry techniques. Now in its 4th edition Roger Blowey's updated version of the acclaimed *A Veterinary Book for Dairy Farmers* deals with newly emerging problems in cattle farming as well as covering the necessary knowledge required for maintenance and prosperity.

Oct 2016 | ISBN 9781908397775
£55 | $85 | €66 | 552p HB



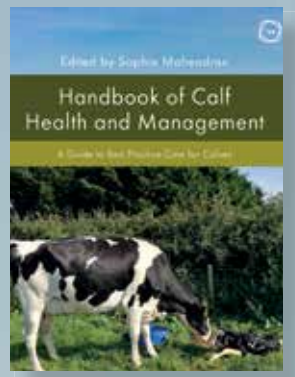


978190336630
Dec 2002
738p
HB
£24.95
$39.95
€29.95

The Veterinary Book for Sheep Farmers

David Henderson

This is a practical manual focusing principally on the needs of sheep farmers and shepherds in the United Kingdom but covering material applicable to sheep-farming situations worldwide.



9781789181340
Oct 2021
360p
HB
£55.00
$85.00
€66.00

Handbook of Calf Health and Management
A Guide to Best Practice Care for Calves

Edited by Sophie Mahendran

A guide to calf management authored by vets who also have their own herd. The focus is on rearing an animal with optimal health for enhanced productivity with a focus on welfare and best practice.

A Lifetime of Beekeeping Mistakes

Geoff Critchley

A Lifetime of Beekeeping Mistakes covers all the basics of managing successful hives from buying in bee stocks and equipment to record keeping, establishing and growing colonies. It considers the merits of different types of hive and provides clear advice on queens, drones, honey extraction, diseases and pests.

Dec 2022 | ISBN 9781789182026
£24.95 | $39.95 | €29.95 | 200p PB

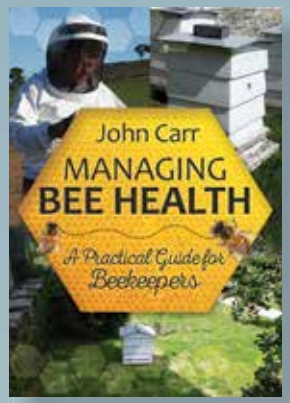
9781910455043
Oct 2015
288p
HB
£75.00
$115.00
€90.00

Honeybee Veterinary Medicine

Apis Mellifera **L.**

Nicholas Vidal-Naquet

This book provides an overview of bee biology, the bee in the wider environment, intoxication, bee diseases, bee parasites, pests, enemies, and veterinary treatment and actions relating to honeybee health.



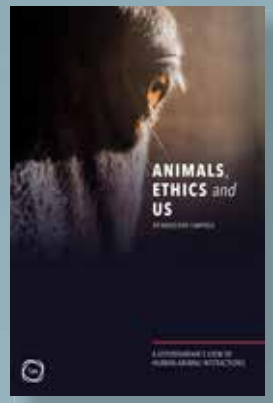
9781910455036
Jul 2016
324p
PB
£45.00
$39.95
€29.95

Managing Bee Health

A Practical Guide for Beekeepers

John Carr

Managing Bee Health aims to provide an overview of the health of bees at individual and hive level, covering common and emerging diseases and preventive measures.



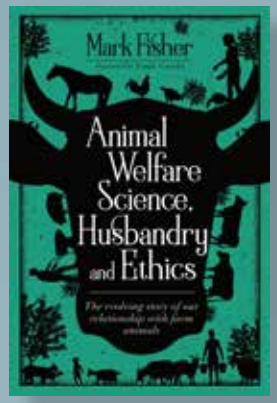
9781789180497
May 2019
160p
PB
£24.95
$39.95
€29.95

Animals, Ethics and Us

A Veterinary's View of Human-Animal Interactions

Madeleine Campbell

Bringing a wealth of veterinary knowledge and experience, the author aims to present a scientific and ethically sound perspective of the position of animals in modern society to a broad readership.



9781789180084
Dec 2018
320p
PB
£24.95
$39.95
€29.95

Animal Welfare Science, Husbandry and Ethics

The Evolving Story of Our Relationship with Farm Animals

Mark Fisher

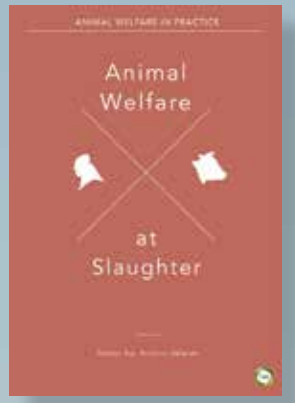
This book explores the development of the symbiotic relationship of man and non-human animals as the result of a long intertwined history of biological, social and cultural needs.

9781910455548
Aug 2016
224p
HB
£75.00
$115.00
€90.00

Animal Welfare in Extensive Production Systems

Edited by Juan Villalba

Animals kept in extensive conditions face a unique set of challenges that are vital for anyone with an interest in farm animal welfare to understand. This book presents those challenges in a practical way, backed up with thoroughly referenced research.

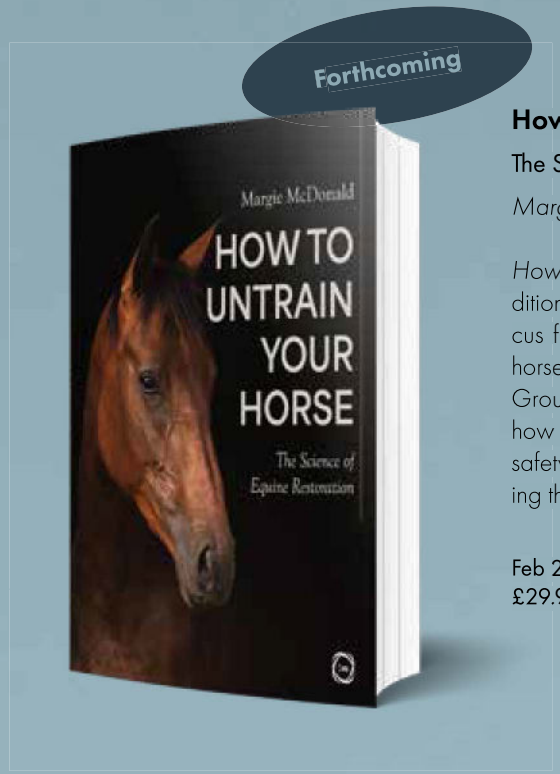


9781910455692
Dec 2016
288p
HB
£75.00
$115.00
€90.00

Animal Welfare at Slaughter

Edited by Antonio Velarde and Mohan Raj

This research monograph provides a thoroughly scientific evidence-based account of the physiology and behaviour of animals for slaughter, analysis of the different killing methods, legislation and operating procedures, lairage and movement, depopulation and handling.



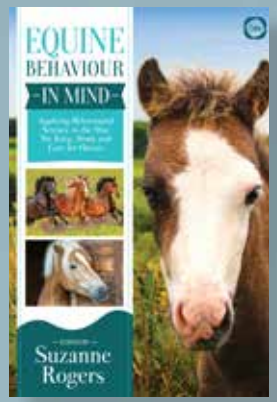
How to Untrain Your Horse

The Science of Equine Restoration

Margie McDonald

How to Untrain Your Horse rethinks traditional horse training by shifting the focus from dominance-based methods to a horse-centric, science-informed approach. Grounded in polyvagal theory, it explores how the nervous system influences stress, safety, and behavior, and how understanding these responses can transform training.

Feb 2027 | ISBN 9781789184266
£29.95 | $49.95 | €35.95 | 260p PB



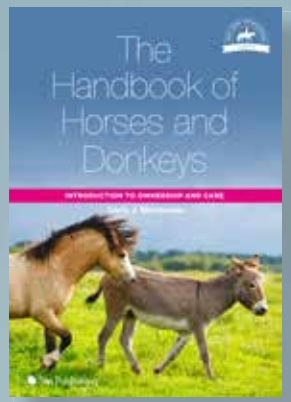
9781789180077
Oct 2018
232p
PB
£29.90
$49.90
€35.90

Equine Behaviour in Mind

Applying Behavioural Science to the Way we Keep, Work and Care for Horses

Edited by Suzanne Rogers

Intended for people who work with horses and for owners who want to learn more, *Equine Behaviour in Mind* provides ideas for practical ways that changes can be incorporated into daily interactions with horses.



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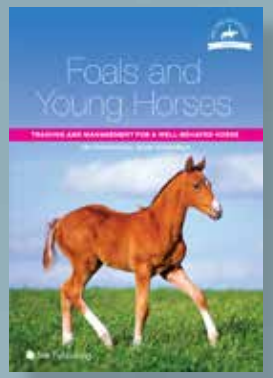

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